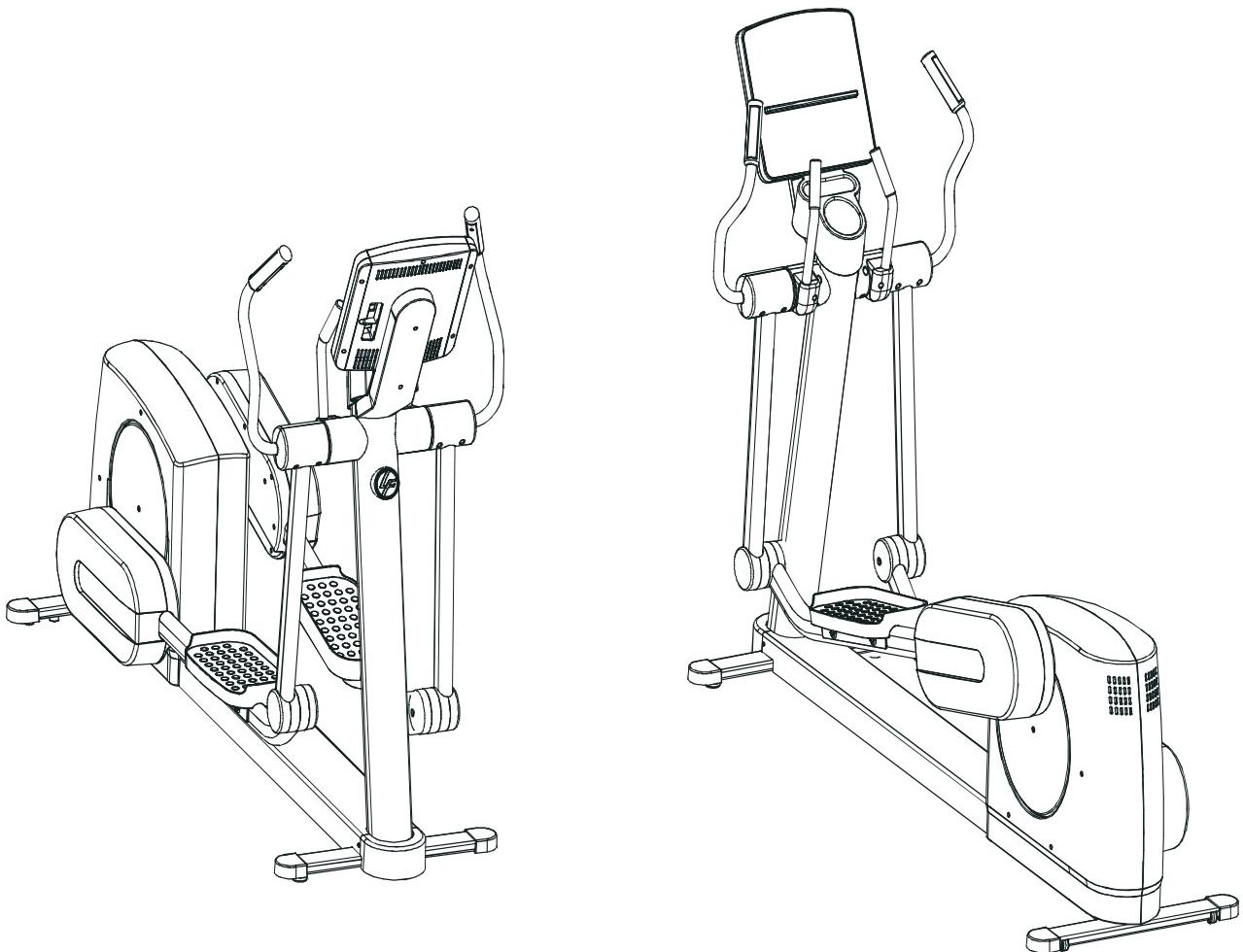


**Lifefitness**

ARCTIC SILVER QUIET DRIVE CROSS  
TRAINER 93X-0XXX-04



Customer Support Services  
**PARTS MANUAL**

rev 14 Jun 2010

OPERATION MANUAL – (ENG)	M051-00K62-A181
OPERATION MANUAL – (F/S/P)	M051-00K62-A182
OPERATION MANUAL – (G/D/I)	M051-00K62-A183
OPERATION MANUAL – (JAP)	M051-00K62-A184
SERVICE MANUAL	M051-00K62-A149
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
HARDWARE BAG	AK62-00152-0001
POWER CABLE WITH BRACKET ASSEMBLY CONSISTS OF: 120" COAX CABLE ASSY. 120" POWER EXTENSION CABLE ACCESS PANEL BRACKET F-TYPE PANEL CONNECTOR #8 PLASTIC GROMMET	AK62-00210-0000 AK32-00020-0002 AK32-00078-0001 OK62-01179-0001 0017-00021-2846 0017-00042-0754
PLUG IN OPTION 120/60	GK62-00002-0018
PLUG IN OPTION 240/50 UK	GK62-00002-0019
PLUG IN OPTION 240v AUS	GK62-00002-0020
PLUG IN OPTION 230/50 CONT.	GK62-00002-0021
C-SAFE KIT	GK63-00002-0003

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**Note:** Adding the version -02 attachable LCD TV to this model makes it a 93XER-XXX-04. See the Entertainment parts list marked LCD-0XXX-02 for the part numbers and descriptions for the attachable LCD TV, remote and hardware for this product.

**Note:** The 93X has both Contact Heart Rate and Telemetry and is pre-wired for attachable TV's.

Console Support  
AK62-00123-0000

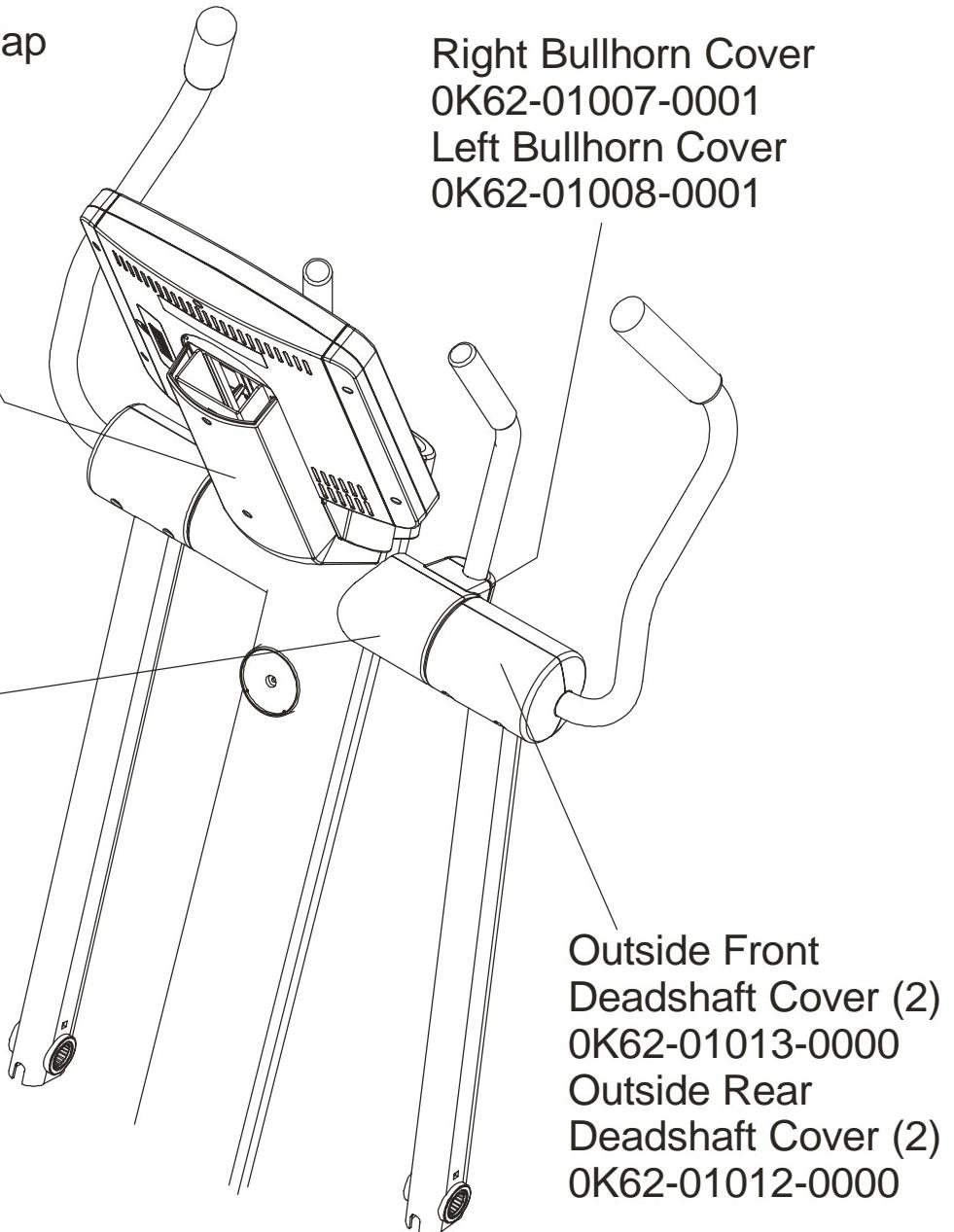
Console Support Cap  
0K62-01030-0000

Console Support  
Shroud  
0K62-01023-0000

Right Inside  
Deadshaft Cover  
0K62-01010-0000

Left Inside  
Deadshaft Cover  
0K62-01011-0000

2-Front Inside  
Deadshaft Cover  
0K62-01009-0000



Right Bullhorn Cover  
0K62-01007-0001

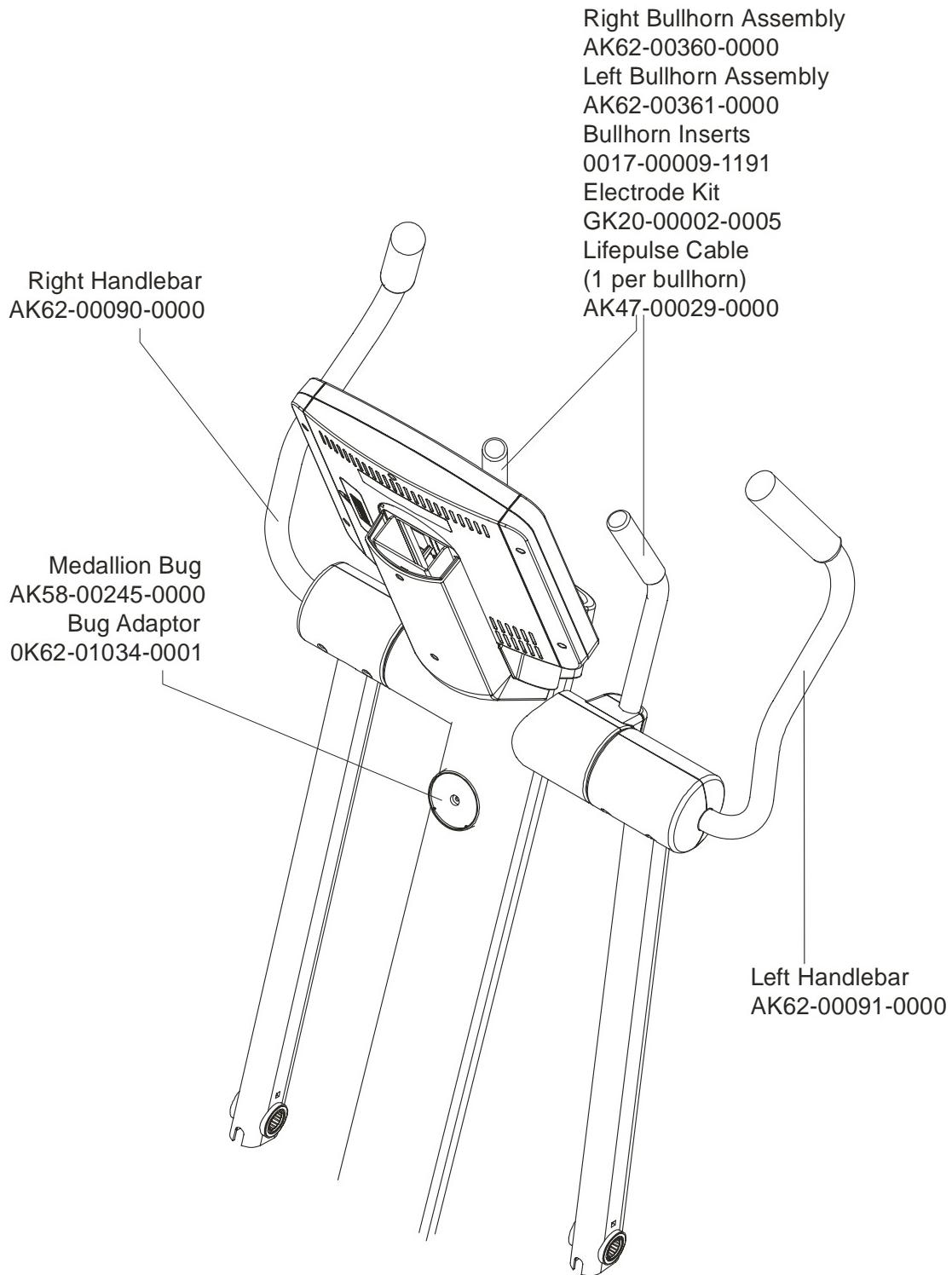
Left Bullhorn Cover  
0K62-01008-0001

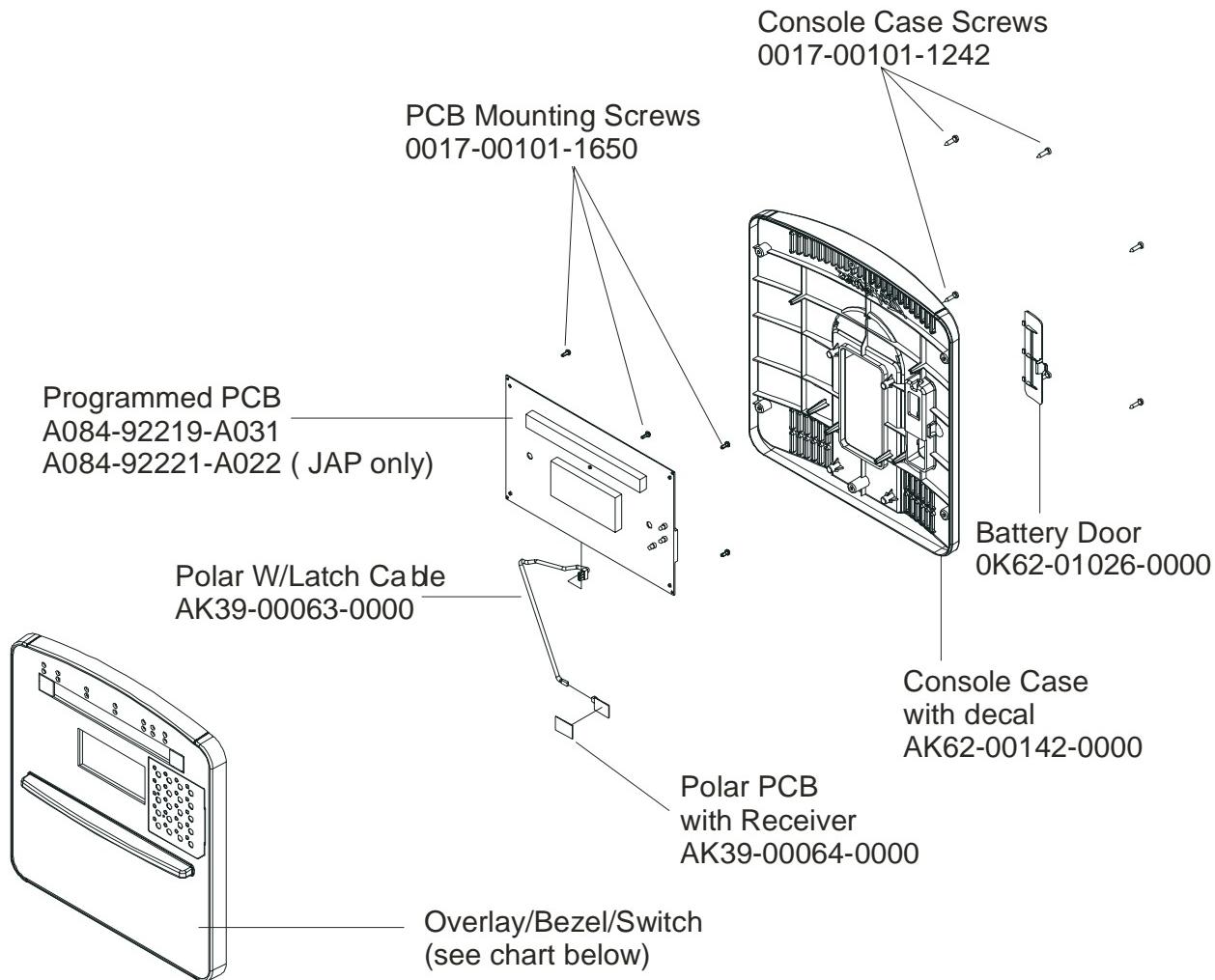
Outside Front  
Deadshaft Cover (2)  
0K62-01013-0000

Outside Rear  
Deadshaft Cover (2)  
0K62-01012-0000

**ARCTIC SILVER QUIET DRIVE 93X**  
**Handlebars and Bullhorns**

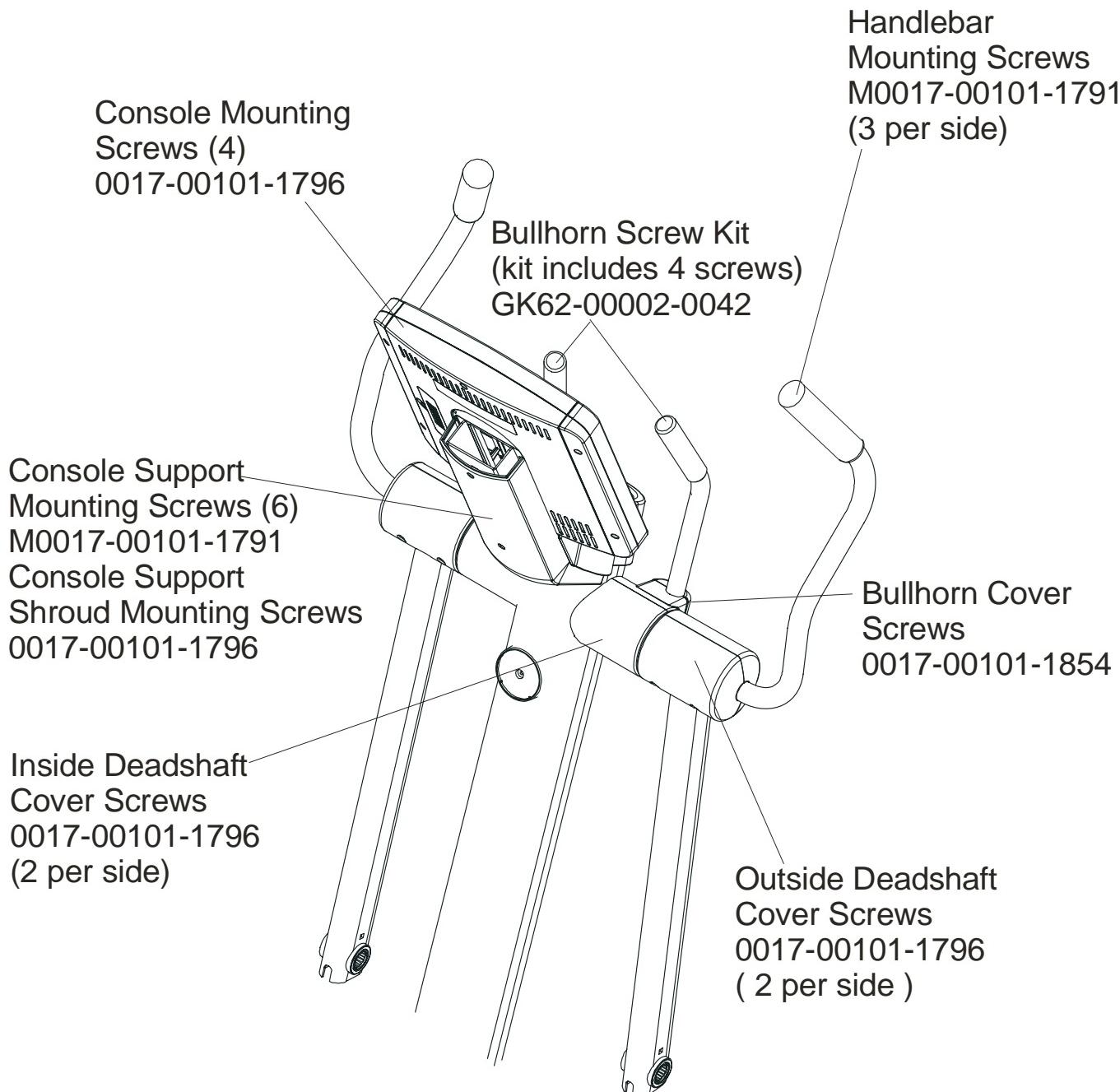
**93X-0XXX-04**  
**S/N XWF100000**





CONSOLE	OVERLAY/BEZEL/SWITCH	LANGUAGE
AK62-00365-0001	AK62-00190-0001	Eng/Eng
AK62-00365-0002	AK62-00190-0001	Eng+Met
AK62-00365-0003	AK62-00190-0003	Ger/Met
AK62-00365-0004	AK62-00190-0004	Spn/Met
AK62-00365-0006	AK62-00190-0006	Jap/Met
AK62-00365-0007	AK62-00190-0007	Frn/Met
AK62-00365-0008	AK62-00190-0008	Ital/Met
AK62-00365-0009	AK62-00190-0009	Dut/Met
AK62-00365-0010	AK62-00190-0010	Port/Met
AK62-00365-0014	AK62-00190-0001	Turk/Met

Items Not Shown	
Accessory Tray	OK62-01022-0000
Accessory Tray Mounting Screws (2)	0017-00101-1846



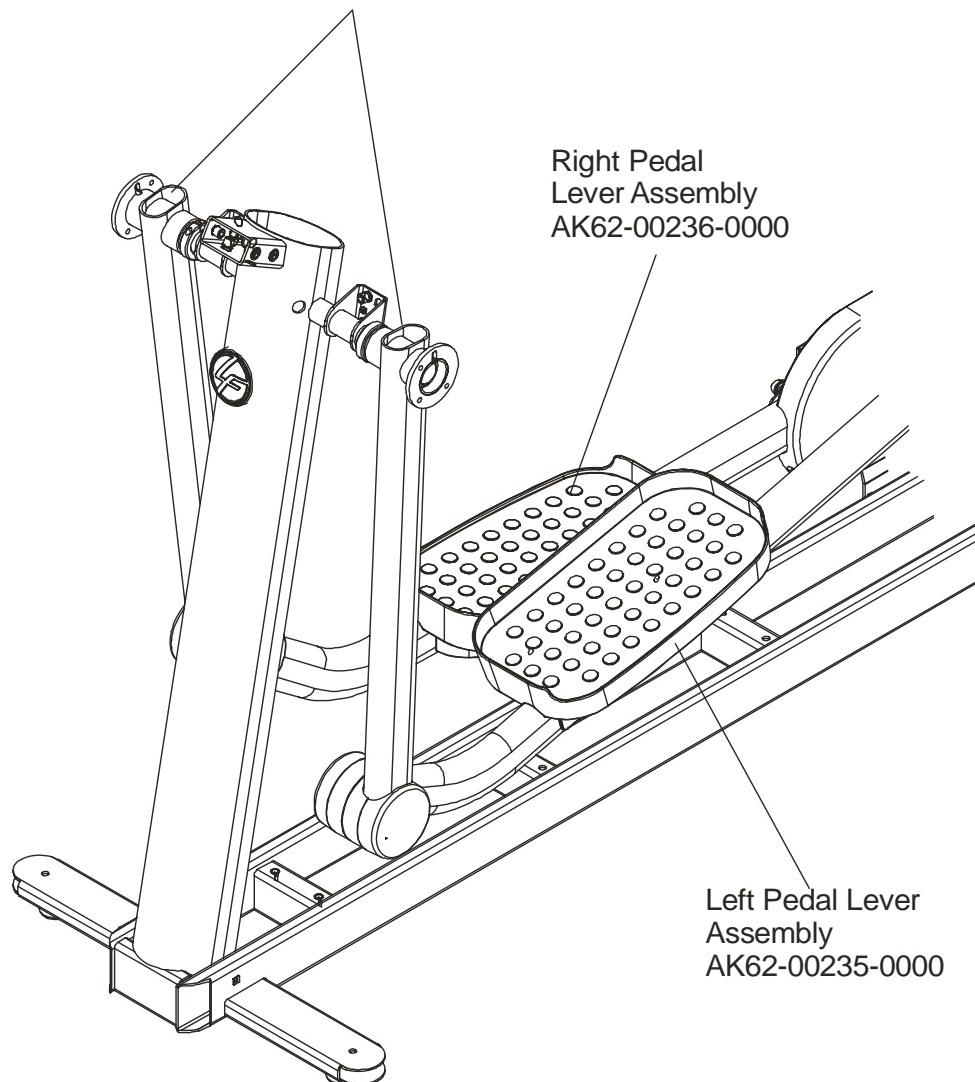
Rocker Arms Kit

GK62-00002-0070

contents:

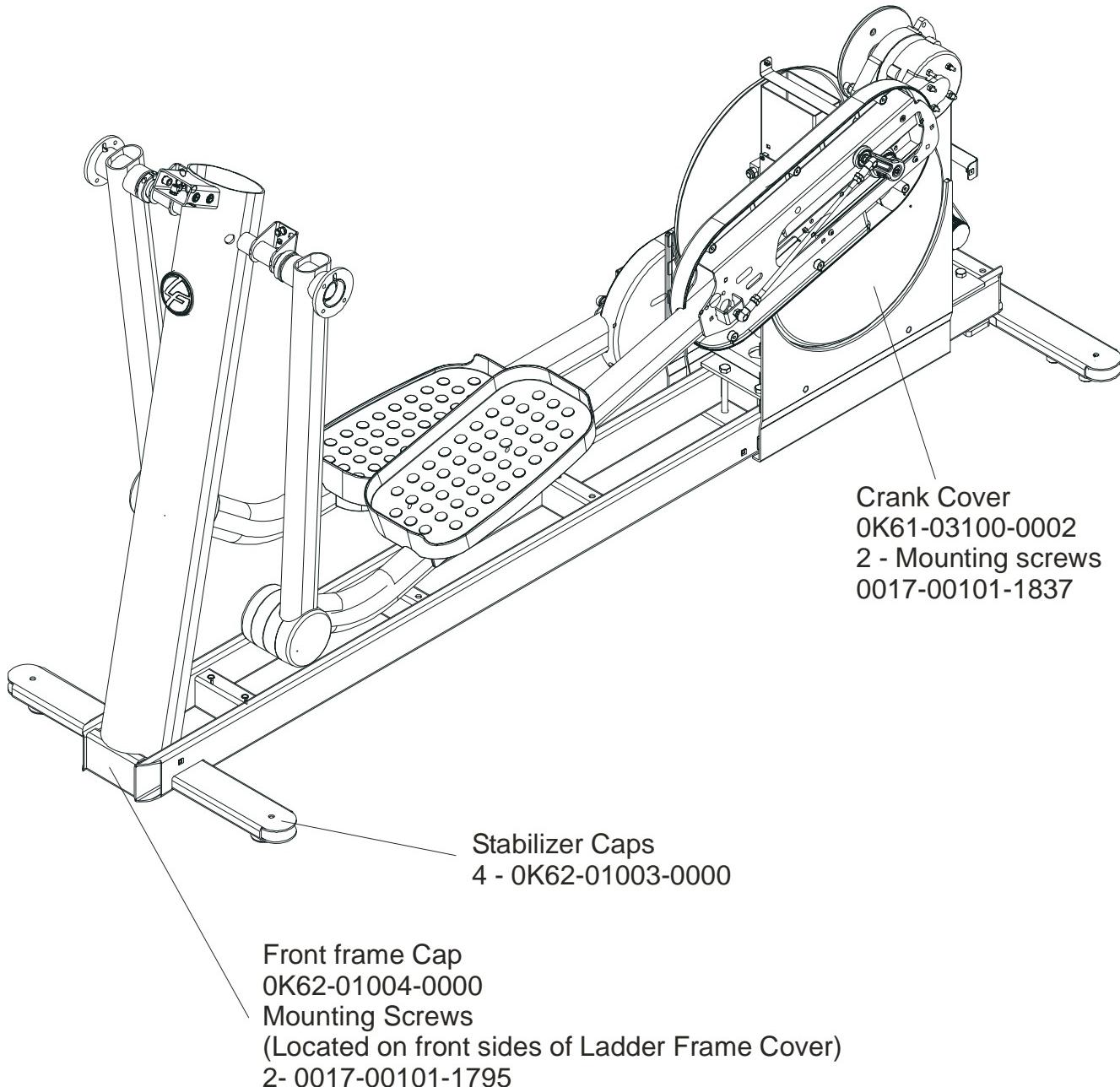
- Rocker Arms (2)
- Hardened Spacers (2)
- Oilite Washers (2)
- Retaining Rings (2)
- Loctite 620
- Alcohol pad

Rocker Arms  
AK62-00062-0001  
Shaft Collar w/Screws  
OK61-01259-0000



**ARCTIC SILVER QUIET DRIVE 93X**  
**Crank Cover and Lower Caps**

**93X-0XXX-04**  
**S/N XWF100000**

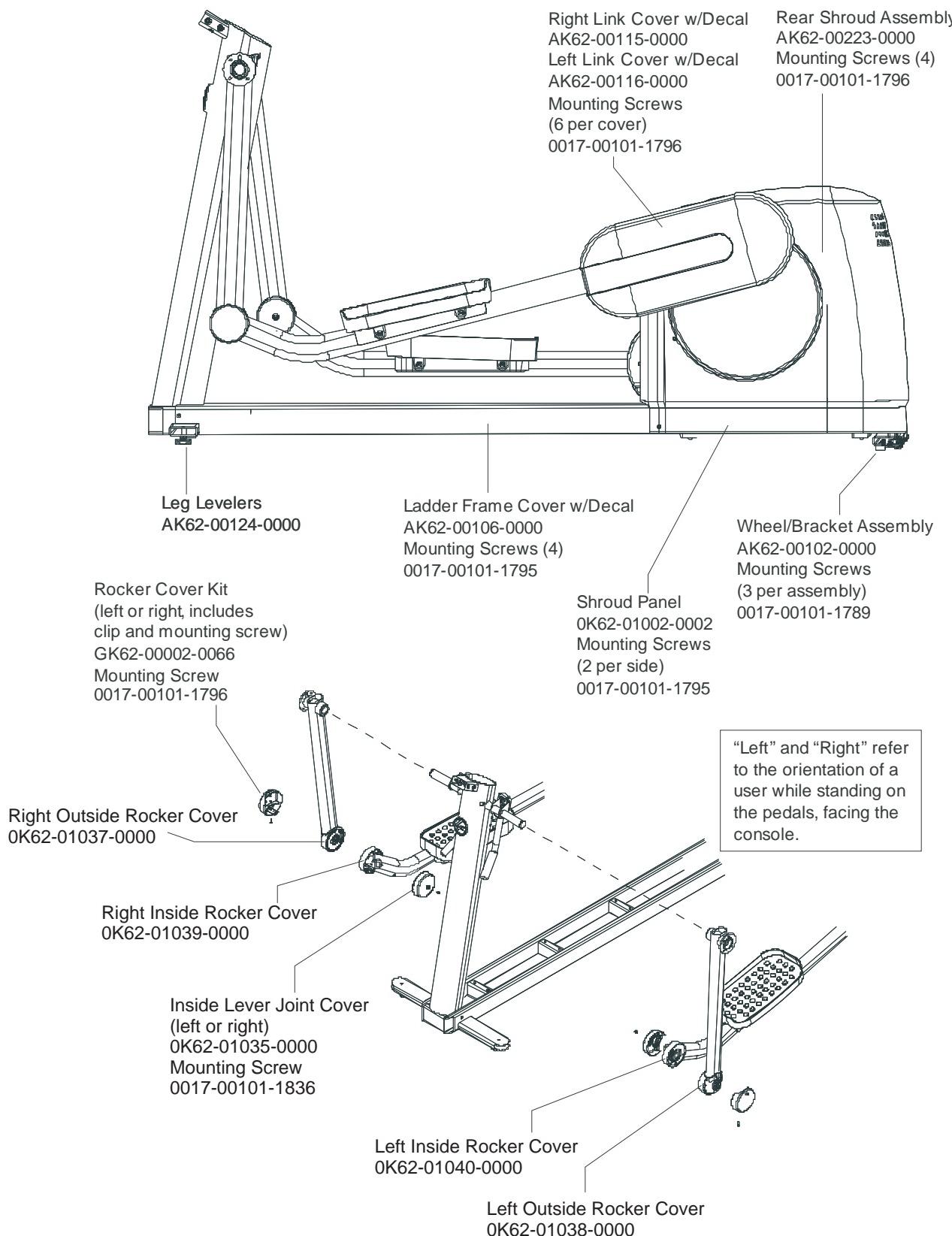


# ARCTIC SILVER QUIET DRIVE 93X

93X-0XXX-04

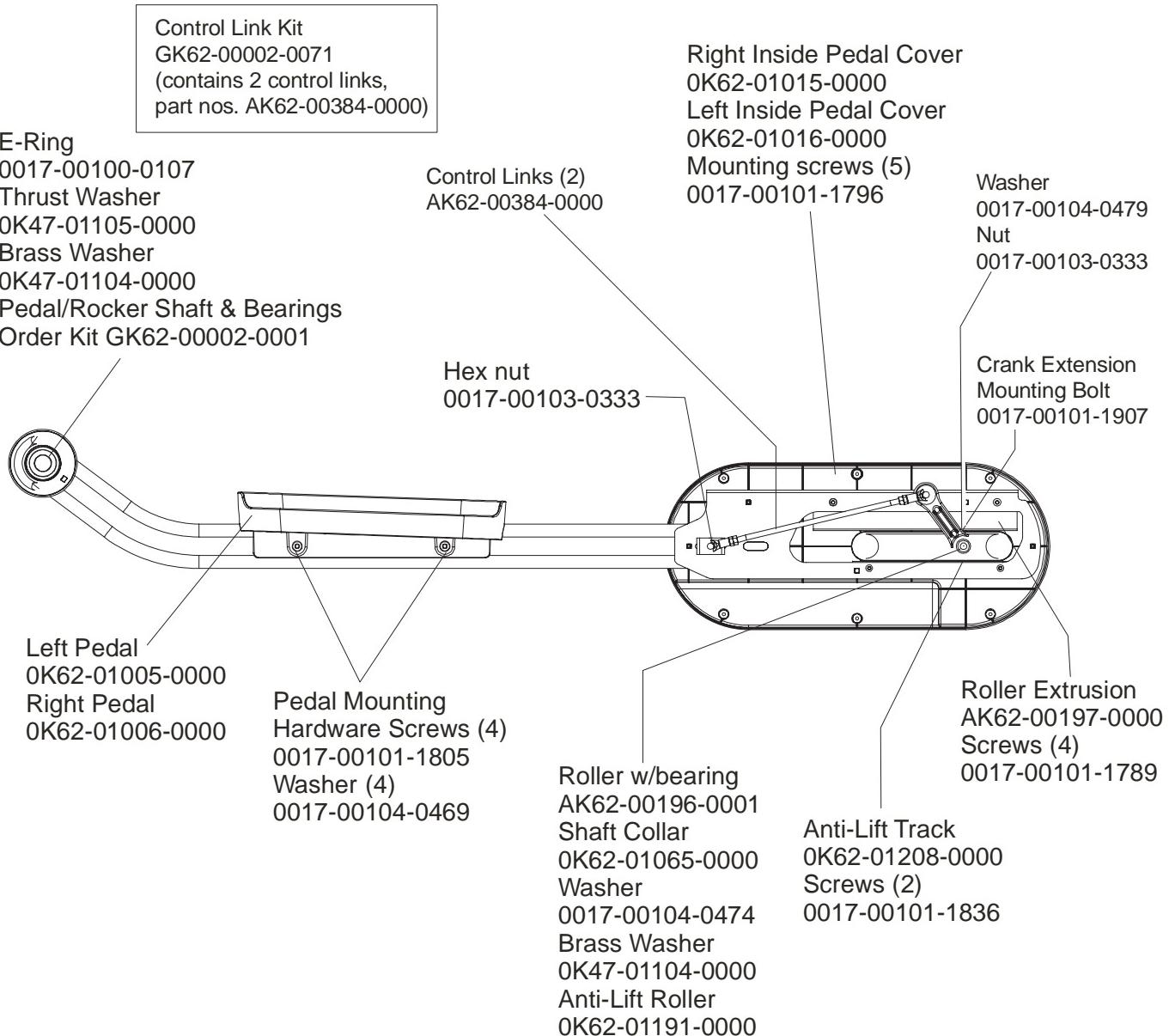
## Lower Frame Shrouds & Hardware

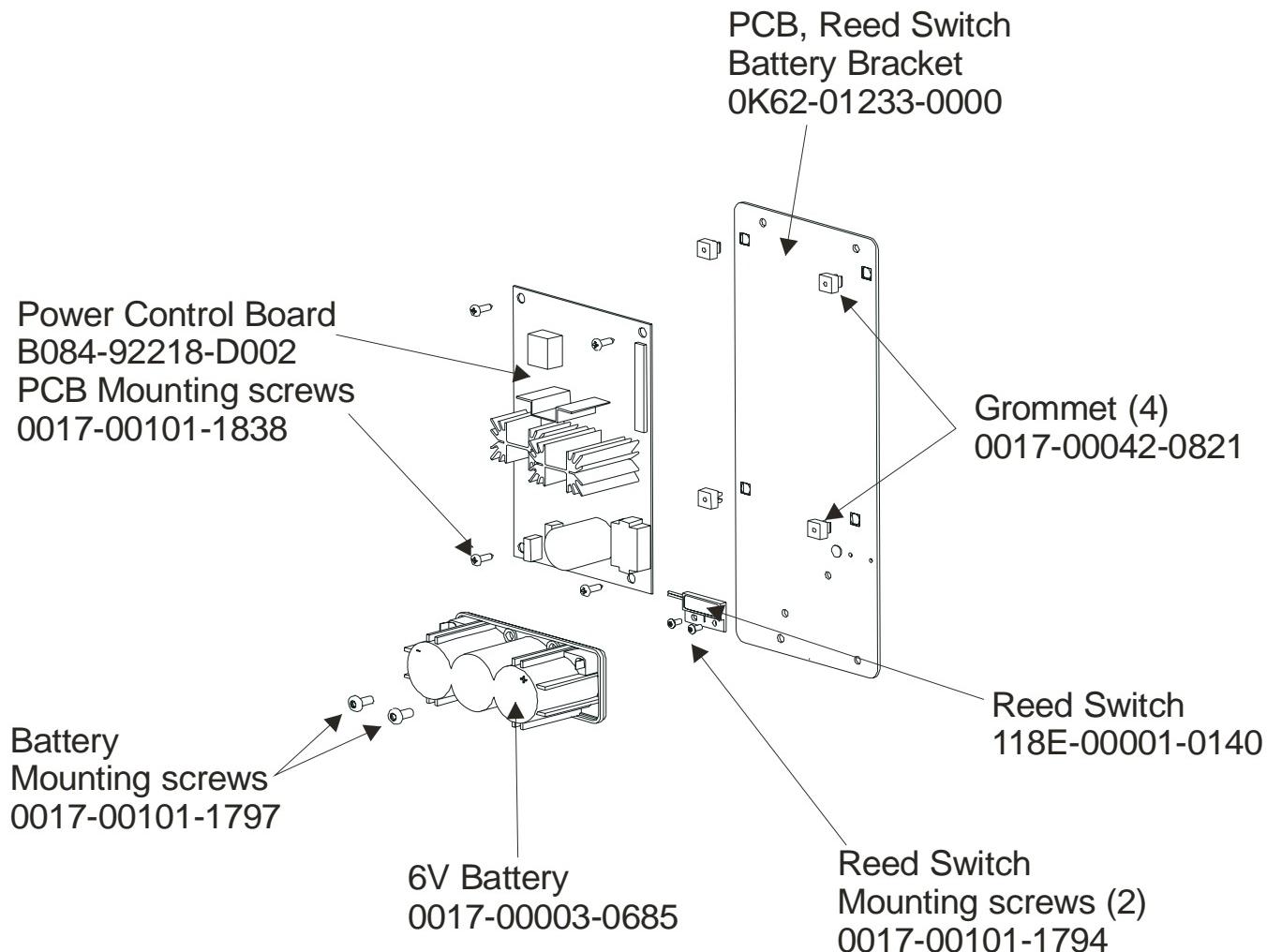
S/N XWF100000



**ARCTIC SILVER QUIET DRIVE 93X**  
**Pedal Lever Assembly Components**

**93X-0XXX-04**  
**S/N XWF100000**





This assembly is used 4 times on the drive module assembly.

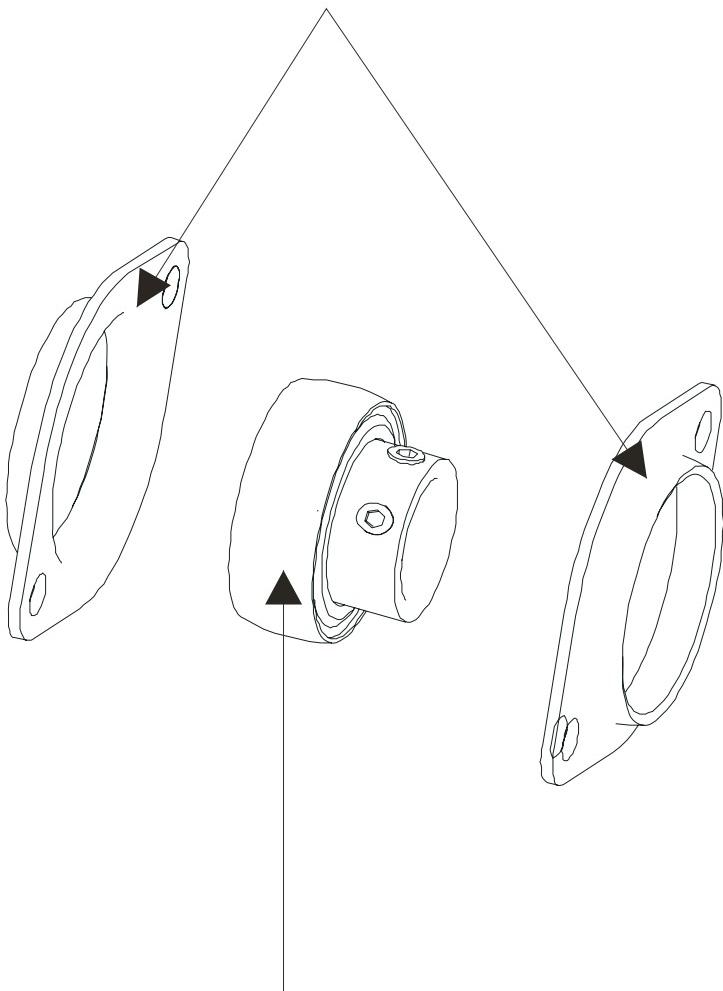
Service Kit-  
GK62-00002-0044  
Includes:

- 1 - crankshaft
- 2 - bearings
- 2 - sets of bearing flanges
- 4 - weldnuts and flat washers
- 4 - bolts

Service Kit- GK62-00002-0045  
Includes:

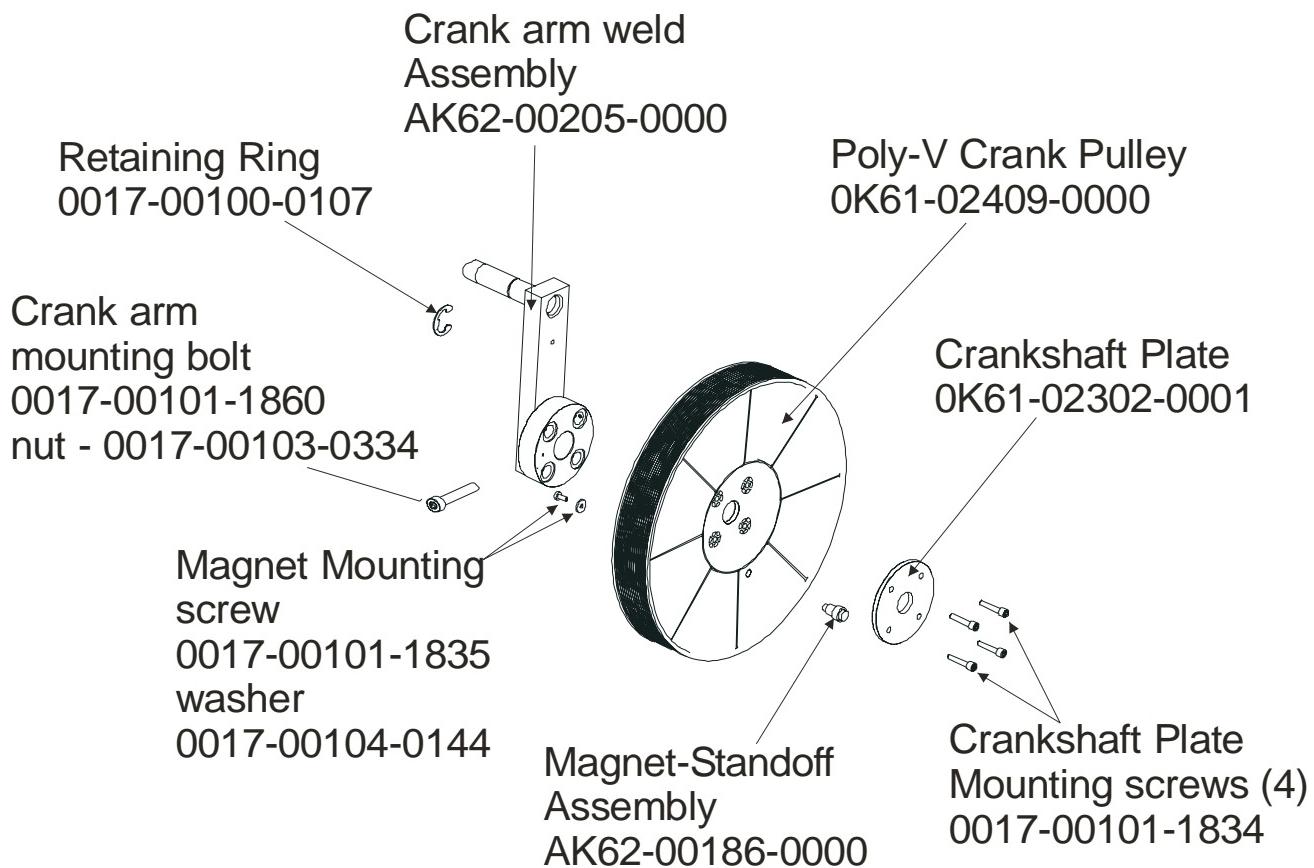
- 1 - intermediate shaft
- 2 - bearings
- 2 - sets of bearing flanges
- 4 - weldnuts and flat washers
- 4 - bolts

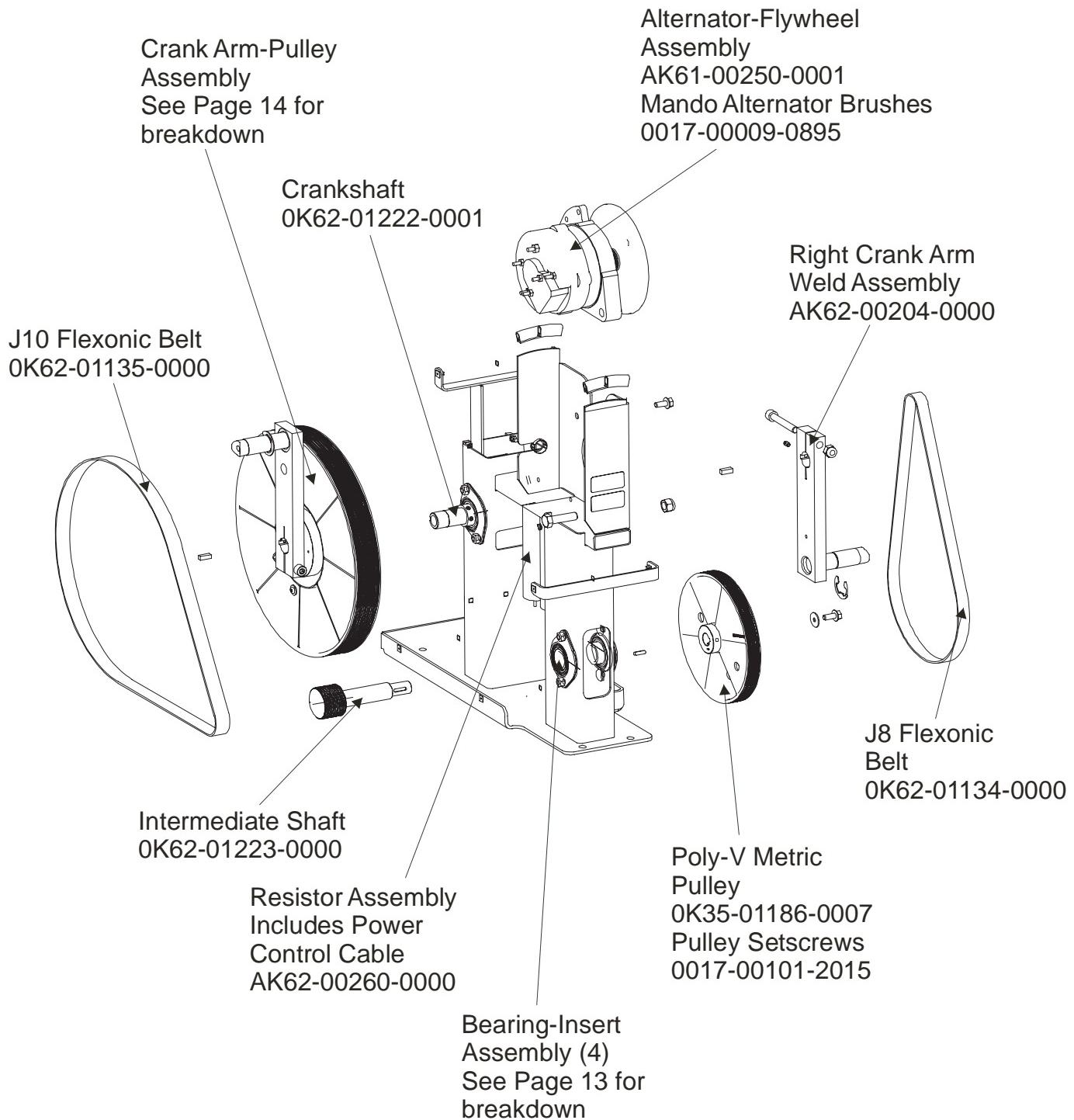
**Bearing Flanges (2)**  
0K62-01220-0000

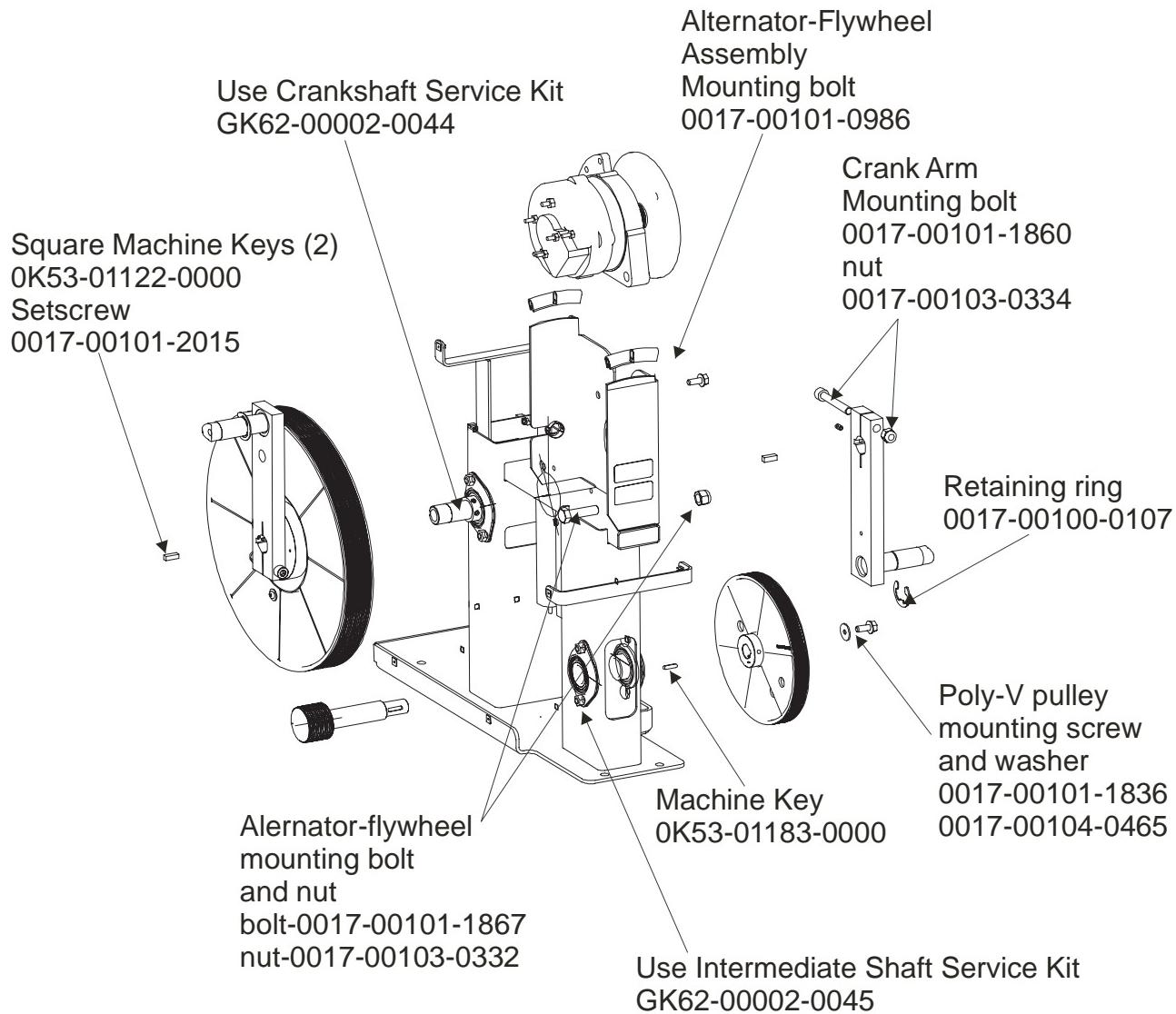


**1" Bearing**  
0K62-01221-0000

**Crank arm-pulley Assembly**

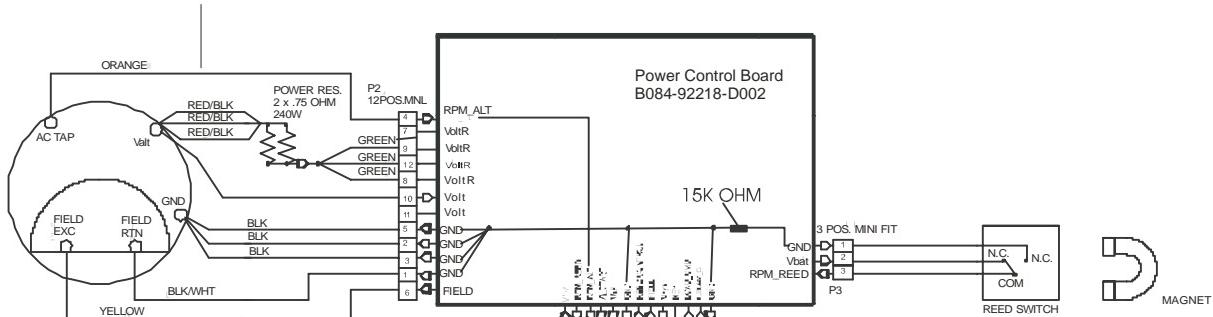




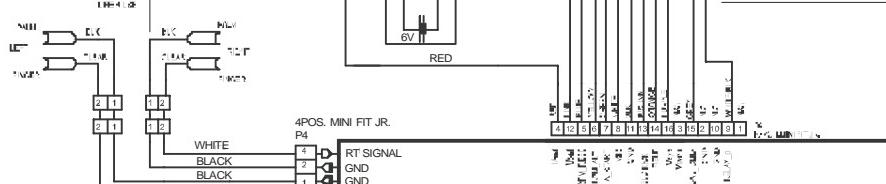


**Cables**

**Power Control Cable**  
**AK62-00092-0000**

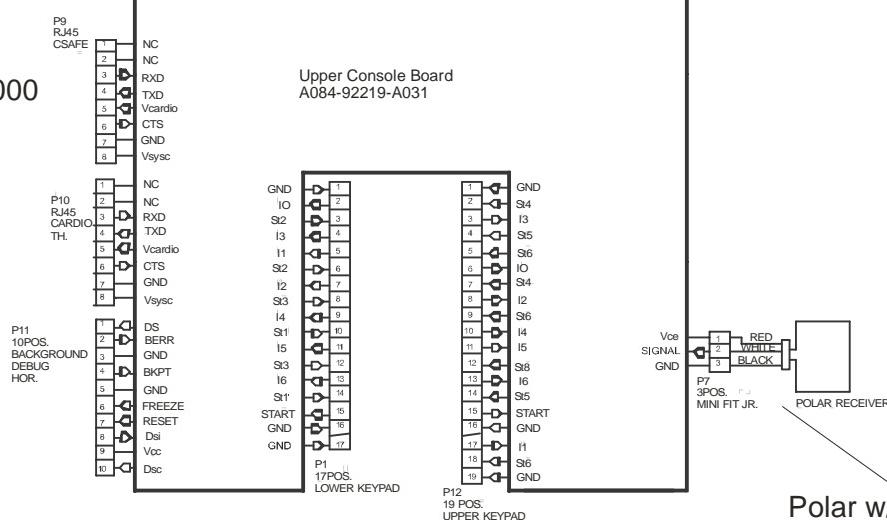


**User Arm HR Cables**  
**AK47-00029-0000**



**Main Cable**  
**AK62-00093-0000**

**Console HR**  
**Cable**  
**AK47-00028-0000**



**Polar w/latch Conn.Cable**

**AK39-00063-0000**

**PolarPCB w/header Cable**

**AK39-00064-0000**